

Bal-A-Vis-X Training

**Level 1
Level 2 &
Adaptive**

Workshop Dates: June 21 & 22, 2010

Workshop Time: 8:00am-5:30pm

Cunningham Hall Room 122

Fort Hays State University

Bal-A-Vis-X is a series of Balance/Auditory/Vision eXercises, of varied complexity, all of which are deeply rooted in rhythm. BAVX has been shown to benefit virtually all students as well as adults. The purpose of this workshop is to develop collaborative efforts between elementary classroom educators and physical education specialists. Bal-A-Vis-X Level 1, Level 2 and Adaptive training will be provided to elementary classroom teachers and physical education teachers. Training will be conducted by Bill Hubert and his staff. One hour of college credit will be offered for an additional fee. Enrollment is limited due to space requirements so get your registration in early! Registration deadline is June 1, 2010.

Workshop Fees: \$75.00/participant
\$125.00/"team" (one physical educator & one elementary educator)

KAHPERD members will receive a \$15.00 discount.

Kansas Reading Association members will receive a \$15.00 discount.

Bal-A-Vis-X Workshop Registration

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____

School: _____

Address: _____ City: _____ State: _____ Zip: _____

School Phone: _____ E-mail: _____

Please check one: Physical Educator Elementary Educator Team

Please make checks payable to Fort Hays State University Department of HHP. Mail completed registration and payment to:

Joyce Ellis
139 K Cunningham Hall
Fort Hays State University
600 Park Street
Hays, KS 67601