**Project #201401018-023-SP**

**Recess Survey Summary**

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| --- | --- | --- |
| **Question No.** | **Questions** | **Results** |
| **1** | What grade levels are taught at your school?  | **Pre-K = 39%**  **K = 74%** **1 = 75%** **2 = 75%** **3 = 75%** **4 = 74%** **5 = 73%** **6 = 51%** **7 = 40%** **8 = 39%** |
| **2** | How many daily recess periods does each grade levelreceive?  **Pre-K** **Elementary** **Middle** |

|  |  |  |  |
| --- | --- | --- | --- |
|  **0**  |  **1** |  **2** |  **3+** |
| **6%** |  **50%** |  **35%** |  **9%** |
| **2%** |  **30%** |  **61%** |  **7%** |
| **54%** |  **37%** |  **7%** |  **2%** |

 |
| **3** | Did you answer “0” for all three options in the questionabove?  | **Yes = 8%** |
| **4** | What is the total time allocated for daily recess at your school?  **Pre-K** **Elementary** **Middle** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **0-10** | **11-15** | **16-20** | **20-25** | **25+** |
| **7%** | **38%** | **27%** | **13%** | **15%** |
| **1%** | **29%** | **33%** | **14%** | **23%** |
| **53%** | **16%** | **16%** | **8%** | **7%** |

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| **5** | What percentage of scheduled recess time is available for students to be physically active?  | **<50% = 11%****50-74% = 22%****75%+ = 67%**  |
| **6** | Do your students have lunch recess before they eat? **Pre-K** **Elementary** **Middle** |

|  |  |
| --- | --- |
|  **Yes** |  **No** |
|  **30%** |  **70%**  |
|  **39%** |  **61%** |
|  **20%** |  **80%** |

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| **7** | Does your school have a policy that prohibits the withholding of recess as punishment or consequences (i.e. bad behavior, not finishing school work)? | **Yes = 41% No = 59%** |
| **8** | If you answered “Yes” to the previous question, is this policy enforced? | **Yes = 61% No = 39%** |
| **9** | During the state assessment and testing time of year, is there pressure to use recess time for test preparation? | **Yes = 10% No = 90%** |
| **10** | How would you describe the recess at your school?**Unstructured Free Play****Students have specific options from which they can choose****Structured activities led by school staff**  | **76%****22%****2%** |
| **11** | What form of recess do you believe is most beneficial to students? **Unstructured Free Play****Students have specific options from which they can choose****Structured activities led by school staff**  | **54%****41%** **5%** |
| **12** | What percentage of students, in your estimation, are “physically active” during recess? | **<20% = 3%****21-40% = 6%****41-60% = 17%****61-80% = 40%****81%> = 34%** |
| **13** | What is the typical procedure for indoor recess? **Students go to the gym or commons area for**  **activity** **Students remain in their classroom for activity** **Recess is not held when students cannot go outside** **Other** | **29%****58%** **3%****10% (Other rooms - 32%, Movies – 23%, No Recess – 23%, Sit – 15%, Brain Breaks – 7%)** |
| **14** | Does your school have a person designated to “oversee” all aspects of recess (i.e. schedule, maintenance, supervision)? | **Yes = 52%****No = 48%** |
| **15** | If you answered “Yes” to the previous question, who serves in that role? **Physical Educator** **Classroom Teacher** **Principal** **Facilities Supervisor** **Other** | **15%****34%****28%** **3%****20% (Para – 9%, combination of**  **all staff – 6%, paid lunch-** **room aide – 3%, assistant** **principal – 2%)** |
| **16** | Has your school taken steps to make recess more physically active? | **Yes = 32%****No = 68%** |
| **17** | If you answered “Yes” to the previous question, please briefly explain those steps.**Encouraging walking/running or providing walking clubs****Choice activities provided** **Providing equipment (balls, ropes, tetherball, etc.)****New playground equipment****Peaceful Playground/Trouble Free Program****Track/Fitness Trail****Teachers encourage and help children find an activity****Structured recess activities** | **29%****25%****18%** **9%** **7%** **6%** **4%** **2%** |
| **18** | What is the budget for recess equipment and supplies for the school year? **<$500** **$501-$1000** **$1001-$2000** **There is a budget, but I don’t know how much** **There is not budget for recess equipment and**  **supplies** | **35%** **4%** **0%****25%****36%** |
| **19** | Please rate the safety and quality of the playground (space, surface areas, apparatuses) used for recess.  **Exemplary** **Good** **Adequate** **Poor** | **17%****56%****21%** **6%** |
| **20** | Please rate the safety and quality of the recess equipment (i.e. balls, jump ropes,…) **Exemplary** **Good** **Adequate** **Poor** | **10%****54%****24%****12%** |
| **21** | Please rate the amount of free space available to students for active play (soccer, kickball, four square).  **Exemplary** **Good** **Adequate** **Poor** | **36%****41%****14%** **9%** |
| **22** | If you have anything else you wish to share regarding recess at your school, please indicate below:  | **82 responses with wide variety of responses. (Limited equipment -15%, Reduced recess time – 7%, Need more outdoor space – 5%, Need to increase activity during recess – 4%, Other – 69%** |