**Project #201401018-023-SP**

**Recess Survey Summary**

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| **Question No.** | **Questions** | **Results** |
| **1** | What grade levels are taught at your school? | **Pre-K = 39%**  **K = 74%**  **1 = 75%**  **2 = 75%**  **3 = 75%**  **4 = 74%**  **5 = 73%**  **6 = 51%**  **7 = 40%**  **8 = 39%** |
| **2** | How many daily recess periods does each grade level  receive?    **Pre-K**  **Elementary**  **Middle** | |  |  |  |  | | --- | --- | --- | --- | | **0** | **1** | **2** | **3+** | | **6%** | **50%** | **35%** | **9%** | | **2%** | **30%** | **61%** | **7%** | | **54%** | **37%** | **7%** | **2%** | |
| **3** | Did you answer “0” for all three options in the question  above? | **Yes = 8%** |
| **4** | What is the total time allocated for daily recess at your school?    **Pre-K**  **Elementary**  **Middle** | |  |  |  |  |  | | --- | --- | --- | --- | --- | | **0-10** | **11-15** | **16-20** | **20-25** | **25+** | | **7%** | **38%** | **27%** | **13%** | **15%** | | **1%** | **29%** | **33%** | **14%** | **23%** | | **53%** | **16%** | **16%** | **8%** | **7%** | |
| **5** | What percentage of scheduled recess time is available for students to be physically active? | **<50% = 11%**  **50-74% = 22%**  **75%+ = 67%** |
| **6** | Do your students have lunch recess before they eat?  **Pre-K**  **Elementary**  **Middle** | |  |  | | --- | --- | | **Yes** | **No** | | **30%** | **70%** | | **39%** | **61%** | | **20%** | **80%** | |
| **7** | Does your school have a policy that prohibits the withholding of recess as punishment or consequences (i.e. bad behavior, not finishing school work)? | **Yes = 41% No = 59%** |
| **8** | If you answered “Yes” to the previous question, is this policy enforced? | **Yes = 61% No = 39%** |
| **9** | During the state assessment and testing time of year, is there pressure to use recess time for test preparation? | **Yes = 10% No = 90%** |
| **10** | How would you describe the recess at your school?  **Unstructured Free Play**  **Students have specific options from which they can choose**  **Structured activities led by school staff** | **76%**  **22%**  **2%** |
| **11** | What form of recess do you believe is most beneficial to students?  **Unstructured Free Play**  **Students have specific options from which they can choose**  **Structured activities led by school staff** | **54%**  **41%**  **5%** |
| **12** | What percentage of students, in your estimation, are “physically active” during recess? | **<20% = 3%**  **21-40% = 6%**  **41-60% = 17%**  **61-80% = 40%**  **81%> = 34%** |
| **13** | What is the typical procedure for indoor recess?  **Students go to the gym or commons area for**  **activity**  **Students remain in their classroom for activity**  **Recess is not held when students cannot go outside**  **Other** | **29%**  **58%**  **3%**  **10% (Other rooms - 32%, Movies – 23%, No Recess – 23%, Sit – 15%, Brain Breaks – 7%)** |
| **14** | Does your school have a person designated to “oversee” all aspects of recess (i.e. schedule, maintenance, supervision)? | **Yes = 52%**  **No = 48%** |
| **15** | If you answered “Yes” to the previous question, who serves in that role?  **Physical Educator**  **Classroom Teacher**  **Principal**  **Facilities Supervisor**  **Other** | **15%**  **34%**  **28%**  **3%**  **20% (Para – 9%, combination of**  **all staff – 6%, paid lunch-**  **room aide – 3%, assistant**  **principal – 2%)** |
| **16** | Has your school taken steps to make recess more physically active? | **Yes = 32%**  **No = 68%** |
| **17** | If you answered “Yes” to the previous question, please briefly explain those steps.  **Encouraging walking/running or providing walking clubs**  **Choice activities provided**  **Providing equipment (balls, ropes, tetherball, etc.)**  **New playground equipment**  **Peaceful Playground/Trouble Free Program**  **Track/Fitness Trail**  **Teachers encourage and help children find an activity**  **Structured recess activities** | **29%**  **25%**  **18%**  **9%**  **7%**  **6%**  **4%**  **2%** |
| **18** | What is the budget for recess equipment and supplies for the school year?  **<$500**  **$501-$1000**  **$1001-$2000**  **There is a budget, but I don’t know how much**  **There is not budget for recess equipment and**  **supplies** | **35%**  **4%**  **0%**  **25%**  **36%** |
| **19** | Please rate the safety and quality of the playground (space, surface areas, apparatuses) used for recess.  **Exemplary**  **Good**  **Adequate**  **Poor** | **17%**  **56%**  **21%**  **6%** |
| **20** | Please rate the safety and quality of the recess equipment (i.e. balls, jump ropes,…)  **Exemplary**  **Good**  **Adequate**  **Poor** | **10%**  **54%**  **24%**  **12%** |
| **21** | Please rate the amount of free space available to students for active play (soccer, kickball, four square).  **Exemplary**  **Good**  **Adequate**  **Poor** | **36%**  **41%**  **14%**  **9%** |
| **22** | If you have anything else you wish to share regarding recess at your school, please indicate below: | **82 responses with wide variety of responses. (Limited equipment -15%, Reduced recess time – 7%, Need more outdoor space – 5%, Need to increase activity during recess – 4%, Other – 69%** |